

Ways a Pregnant Parent Can Qualify for Early Head Start

- Have a confirmed pregnancy
- Meet federal income guidelines

Ways an Infant or Toddler Can Qualify for Early Head Start

- An infant or toddler that is younger than 36 months of age before July 31
  - -Early Head Start will serve infant/toddlers 6 weeks to 3 years old
- Family must meet federal income guidelines

To Apply You Will Need:

- Proof of family income
- Child's birth certificate
- Health provider's verification of pregnancy
- Child's immunization records
- Child's insurance information

Early Head Start's Mission

Strengthening children, families, and communities through quality education, comprehensive health and family services, and by fostering community partnerships.

community Action PARTNERSHIP of Mid-Nebraska
Helping People. Changing Lives.

Community Action Partnership of Mid Nebraska Head Start 0-5

114 East 11th Street
PO Box 2288
Kearney, NE 68848-2288
Phone: 308-865-5690
Fax: 308-865-5333
E-mail: www.communityactionmidne.com

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Pre-Application Link

Early Head Start

A Program of

Community Action Partnership of Mid-Nebraska



Serving Pregnant Women, Infants, & Toddlers

Giving Kids a Head Start on Education

Telephone: 308-865-5690

United Way

A **United Way** Community Partner



History of Early Head Start

In 1994, the Secretary of Health and Human Services formed an Advisory Committee on Services for Families with Infants and Toddlers to design EHS. EHS evolved out of Head Start's long history of providing services to infants and toddlers through Parent and Child Centers, Comprehensive Child Development Centers (CCDPs), Migrant and Seasonal Head Start programs, and other early child development and family support efforts serving families with very young children. Recent advances in the field of infant development emphasize the significance of EHS services. Mid's Early Head Start began home visits in August 2010 and the centers' opened January 17, 2011.

Services for Pregnant Women

The Early Head Start prenatal program is for income eligible families. The focus of Early Head Start for expectant parents is prenatal education and establishing appropriate support systems for the pregnant parent/family. Prenatal education topics include: prenatal care, nutrition, fetal development, labor and delivery, breast feeding, postpartum recovery, maternal depression, newborn health and prevention. The Early Head Start prenatal program is individualized to meet the needs of the expectant family.

Early Head Start Center Based Program

The Early Head Start center based program is a comprehensive, individualized program serving children 6 weeks to 36 months of age. Strong family partnerships, small child/teacher ratios, individualized care and a safe and appropriate physical environment provide the atmosphere for healthy early care and bonding between caregivers and young children.

Strong Family Partnerships

Infants and toddlers will feel connected to the EHS staff person and the parent (s).

Small Child/Teacher Ratio

The classroom guidelines for infants and toddlers require one teacher for every four children with a group size of no more than eight. Consistent caregivers attend to the needs of each infant/toddler.

Individualized Care

Small child/teacher ratios allow teachers and very young children to be in-tune with one another. Teachers learn to accurately read cues and are able to predict the infant/toddler's interest and timing of their routine needs.

Physical Environment

The physical environment of the infant/toddler group care setting is conducive to learning and reflects the different developmental stages of each child.

Locations

Buffalo County

Kearney, center-base

1007 Avenue F, P.O. Box 2288

Kearney, NE 68848-2288

Phone: (308) 865-5026

Fax: (308) 865-5028

Lincoln County

North Platte, center-base

920 E 11 St, P.O. Box 2190

North Platte, NE 69101

Phone: (308) 534-2800

Fax: (308) 532-4275