

MONTHLY NEWSLETTER

SEPTEMBER 2023

COMMUNITY ACTION PARTNERSHIP OF MID-NEBRASKA



Serving 27 counties in south central Nebraska

HELPING PEOPLE.

CHANGING LIVES.

MAKING
COMMUNITIES
A BETTER PLACE
TO LIVE.

PROGRAM SPOTLIGHT

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other. One way we carry out this brand promise is through our Senior Centers, located in North Platte, Minden, and Kearney. Last year alone, 2,056 seniors were aided to maintain independent living with our senior centers and Commodity Supplemental Food Program. Below is a brief introduction to each of our local senior centers.

North Platte Senior Center

The North Platte Senior Center has been serving North Platte and Lincoln County for over 48 years. We are proud of the fact that we help seniors be independent and stay in their homes longer. We do this through congregate and home delivered meal services, as well as meal pick-up services since March of 2020 due to COVID-19. Last year, the North Platte Senior Center served over 39,100 meals to area seniors. On average, we serve 50 people a day with our congregate meals and pick-up meals. Additionally, roughly 185 people are served by our home delivered meals per day. We love working with the many seniors in our area. Without our volunteers, the North Platte Senior Center would not be able to operate and provide the many needed programs to our seniors. Volunteers serve on both the Senior Center Policy Advisory and Bingo Trust Committees. These committees provide recommendations for Senior Center programming, as well as help with fundraising activities.

Minden Senior Center

The Minden Senior Center started with one Community Services Coordinator and a bus driver. Meals were served twice a week; one being a potluck and the other being a catered meal by a local restaurant. Today, the Minden Senior Center serves five meals per week. With funding through the South-Central Area Agency on Aging, USDA, HHS, and United Way, the Minden Senior Center is able to employ one full-time and one part-time staff member. Last year we served over 7,316 meals and provided a lot of great social and health activities for our local seniors.

Peterson Senior Activity Meal Program (Kearney)

January 4, 2010 marked the opening day for the brand new Peterson Senior Activity Center located at Yanney Park. The Peterson Senior Activity Center is operated by the City of Kearney. The City of Kearney approached Community Action in July of 2008 and asked if we would provide oversight of the Nutrition Program. We were anticipating serving 80-85 meals per day, but this number quickly grew to 100+ meals a day. Last year we served 26,628 meals that included both congregate and curbside pick-up.

YTD STATISTICS

(new year count began October 1, 2022)

12,144 INDIVIDUALS have been served by a Community Action program.

116,282 POUNDS OF FOOD have been distributed by our food pantry programs.

35,669 RIDES have been recorded by our RYDE Transportation Program.

2,122 SHOTS have been given through our Immunization Program.

BOARD OF DIRECTORS

WESTERN

Jerry Woodruff, public
Jennifer Bantam, private
Barbara Roebuck, consumer

REPUBLICAN VALLEY

Roger Dorn, public
Dick Trail, private
Linda Fitzsimmons, consumer

PLATTE VALLEY

Myron Kouba, public
Deb Granger, private
Joe Brayton, consumer

AT LARGE

Nathan Avery, public
Michael Stromer, public
Jack Yant, private
Coy Clark, private
Joy Kyhn, consumer
Cecelia Loganbill, consumer

COMMUNITY ACTION IMMUNIZATION PROGRAM



Immunizations play an important role in keeping your family and your community healthy. Vaccinations are important because they not only protect the person who is receiving the vaccine, but they also help to keep diseases from spreading to others such as your family, neighbors, classmates, coworkers, and other members of the community. Immunization helps protect those who are most vulnerable to illness, such as infants, elders, and those with weakened immune systems.

Vaccines are among the most successful and cost-effective public health tools available for preventing disease and death. In the United States, vaccines have greatly reduced infectious diseases that once routinely caused severe illness and death. According to the CDC, prior to the COVID-19 pandemic, approximately 50,000 adults died every year from vaccine-preventable illnesses. Although no vaccine is 100% effective, it is the first step in protecting yourself, your family, and others from serious illness. We encourage you to talk to your doctor, nurse, or healthcare professional to ensure that you and your family are protected against serious diseases by getting caught up on routine vaccinations.

(U.S. Customs and Border Protection)



WHO TO CALL & WHERE TO GO

If you are interested in getting yourself or someone you care about caught up on vaccines, please contact us using the following information:

To set up an appointment, call Tish Meyer at 308-865-5675

To learn more about our Immunization Program, please visit communityactionmidne.com/immunization/

FEATURED SUCCESS STORY

Community Action's Weatherization Program at Work

We have been working with 'Judy' on her Weatherization project since early spring. She had packed up and moved here from Idaho with only what she could fit in the U-Haul. She had bought her home site unseen, with only her son taking a look at it for her. Once here, her bills were high due to the lack of insulation in the home and poor windows. Through Weatherization we were able to replace her back-drafting water heater, properly exhaust her furnace, do attic insulation and replace a few windows and a door. Once we were finished, she called the office in tears to thank us for 'changing her life'. She said that all the staff were the nicest people she had ever worked with; that they were respectful and cleaned up after themselves every day. She stated that she immediately felt a difference in the temperature of her home once the insulation was completed. She wanted us to know that the crew and inspectors were 'heaven sent' and she just could never thank us enough. Being able to assist someone on this level is what we strive to do every day in every home. We are truly Helping People and Changing Lives!



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