COMMUNITY ACTION PARTNERSHIP OF MID-NEBRASKA

"Community Action changes people's lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other."

LOCATIONS: Through the administrative office in Kearney and 29 satellite offices, Community Action Partnership of Mid-Nebraska (Mid) serves 139 communities in 27 south central counties in Nebraska and two counties in Kansas. Nebraska counties served include: Adams, Arthur, Buffalo, Chase, Clay, Dawson, Dundy, Franklin, Frontier, Furnas, Gosper, Grant, Harlan, Hayes, Hitchcock, Hooker, Kearney, Keith, Lincoln, Logan, McPherson, Nuckolls, Perkins, Phelps, Red Willow, Thomas and Webster. Kansas locations: Head Start services are available in Norton and Phillips counties.

Mid is a private, non-profit organization and an Equal Opportunity Employer. The Mid Board of Directors hires the Chief Executive Officer, sets policy, and reviews and approves all grant applications, budgets, etc. The Board consists of representatives from the following community segments: 1/3 elected public officials, 1/3 private sector, and 1/3 low-income.

Mid also has Policy Advisory Committees (PACs) comprised of local representatives. PACs promote public involvement in our operations, policies, and philosophy. Mid serves individuals of all ages, with emphasis placed upon assisting low-income families, elderly on fixed incomes, and the disabled.

BUSINESS DEVELOPMENT

BUSINESS DEVELOPMENT: Provides free services to entrepreneurs who are interested in starting or expanding a small business. Services include: writing an effective business plan, preparing a marketing and advertising plan for a product or service, limiting business risks with business insurance, determining a legal structure that protects the investor, financing the long and short term needs of the business, State Licensing requirements, procedures for remittance of sales and use taxes, and appropriate bookkeeping and accounting procedures. *Please call (308) 865-1354, Ext. 105 or email mncaloans@mnca.net for more information.*

COMMUNITY SERVICES

COMMUNITY SERVICES COORDINATORS: Coordinators link individuals to available community resources. They take applications for Mid programs, refer customers to the appropriate agencies and/or services, and can work with an individual or a family one on one to increase self-sufficiency. Coordinators can assist with emergency rent and utility costs to income qualifying individuals. Coordinators' offices are located in:

Franklin – (308) 425-3726
Hastings – (402) 463-7679
Kearney – (308) 865-5680
Lexington – (308) 324-4219
McCook – (308) 345-1187
Minden – (308) 832-1829
Superior – (402) 879-3715
North Platte – (308) 532-3250

Or call *1-877-335-6422 for more information.*

EDUCATIONAL PROGRAMS

C.A.R.E. (Child Abuse Resource and Education): C.A.R.E.'s mission is to prevent child abuse and neglect by increasing awareness through education and resources. C.A.R.E. partners with the Kearney community and the surrounding area to provide "Becoming a Love and Logic Parent" training and Happy Bear (personal safety for children and bullying prevention). *Please call (308) 865-1352, Ext. 123 for more information, or to schedule a training.*

HEAD START: Head Start (0-5 years) is a comprehensive, community- based program serving income-eligible pregnant women, infants, toddlers, preschool children, and their families. Mid has a home-based and center-based program option. Home-based programs, which are parent focused, serve the counties of Buffalo, Dawson, Frontier, Furnas, Harlan, Hitchcock, Norton, KS, and Phillips, KS. Perkins County is served by the Ogallala center and Gosper County is served by Dawson County home and center based options. Center-based programs, which are child-focused, are in Ravenna, Gibbon, Kearney, Minden, Holdrege, Lexington, Cozad, North Platte, Ogallala, and McCook. **Early Head Start** (pregnant women, infants and toddlers) services are available in Buffalo County. *Please call (308) 865-5690 for more information.*

HEALTH PROGRAMS

IMMUNIZATION: Immunizations are provided to children two months through 18 years of age. There is a suggested donation of $15.00 per vaccine. No one is turned away for inability to pay. *Please call (308) 865-1352, Ext. 152, (308) 325-9432, or toll-free 1-877-209-3723 for more information.*

HOUSING PROGRAMS

AFFORDABLE HOUSING: The Housing Department administers two Owner-Occupied Housing Rehabilitation (OOR) programs aimed at maintaining homeownership for people with low-to-moderate incomes. These projects are available in limited areas. *Please call (308) 865-1354, ext. 118 for assistance in Buffalo, Franklin, Frontier, Furnas, Gosper, Harlan, Kearney, Phelps & Red Willow counties.*

WEATHERIZATION: The Weatherization Assistance Program (WAP) helps low-income households, particularly the elderly, people with disabilities, and families with young children, to permanently reduce their utility bills. Contractors or crews install energy efficiency measures in homes occupied by qualifying low-income families free of charge. The WAP is available to homeowners and renters living in frame or mobile homes. Typical weatherization measures include insulation (attic, sidewall, crawl space, & mobile home underbellies); weatherstripping & caulking; repairing broken windows & doors; and furnace & water heater repair or replacement, if the unit is unsafe. *Please call (308) 865-1354, Ext. 132 for more information.*

HOMEBUYER EDUCATION: Mid is an approved REACH Homebuyer Education affiliate offering two options for homebuyers: 1) An eight-hour face to face workshop with presentations by experts in the home buying field such as individuals from financial institutions, real estate agencies, and insurance agencies; and, 2) A web-based course available in English and Spanish which allows homebuyers to learn at their own pace. *Please call (308) 865-1354, Ext. 118.*

NUTRITION PROGRAMS

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP): Provides nutritious, supplemental food to income eligible pregnant women, children under the age of six years, and individuals 60+. *Please call (308) 865-5683.*

MID-NEBRASKA FOOD BANK: Area non-profits such as food pantries, senior centers, child care centers, etc. may join the bank, which covers 31 counties in Central and Western Nebraska. The food bank is a member of the Nebraska Food Bank Network which contacts food retailers and wholesalers for donations of unmarketable, nutritious food. *Please call (308) 865-5683 for more information.*

FOOD RESCUE PROGRAM: Surplus food from area retailers is collected and distributed to area shelters, food pantries, soup kitchens, senior centers, low income housing authorities, and low income individuals participating in the Commodity Supplemental Food Program. *Please call (308) 865-5683 for more information.*

WIC (Women, Infants and Children): WIC is a supplemental nutrition education program which provides health referrals, breast feeding promotions, and nutritious free foods to income-eligible pregnant, breastfeeding or post-partum women, infants, and children up to age five. *Must meet income guidelines*. *Please call (308) 865-5375 or toll-free 1-877-803-1712 for more information.*

WIC Breastfeeding Peer Counseling Program: Breastfeeding support program that provides WIC eligible pregnant and breastfeeding mothers with breastfeeding education and support 24/7 from a peer counselor who is also a WIC breastfeeding mother. Each Breastfeeding Peer Counselor is trained using the Loving Support curriculum. P*lease call (308) 865-5353 or (308)293-8861 for more information or for breastfeeding help.*

SENIOR CENTERS: Mid serves senior meals on site in Minden, North Platte, and at the Kearney Peterson Senior Activity Center. North Platte volunteers deliver meals to the elderly homebound. The Senior Centers provide informational, recreational, and social activities, as well as referrals to other programs. *Please call (308) 865-5675 for more information.*

VOLUNTEER SERVICE PROGRAM

SENIOR COMPANION VOLUNTEER PROGRAM (SCVP): Senior Companions reach out to older individuals who are struggling to remain independent. Anyone may volunteer. Stipends are available to companions who are 60 or older and income qualify. *Please call 308-865-1352, Ext. 128 for more information.*

TRANSPORTATION PROGRAM

R.Y.D.E. (Reach Your Destination Easily): The R.Y.D.E. Transit system provides accessible, low cost public transportation to the general public. R.Y.D.E. Transit operates buses in Adams, Buffalo, Dawson, Franklin, Gosper, Hamilton, and Kearney counties to provide simple and affordable transportation services. All counties have buses equipped with wheelchair lifts. *To schedule a ride, or for more information about transportation in the counties listed contact:*

Hastings – (402) 463-5681
Franklin – (308) 425-3724
Aurora – (402) 694-2177
Lexington – (308) 324-5282
City of Ravenna – (308) 452-3142
Kearney – (308) 865-5675
Elwood - (308) 785-2527
Minden – (308) 832-2139

PARTNERSHIPS

TWO RIVERS PUBLIC HEALTH DEPARTMENT: This is a district public health department formed to serve the citizens of Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney, and Phelps counties by focusing on disease prevention and health promotion. *Please call (308) 995-4778 or toll free 1-888-669-7154 for more information.*

Residential Assistance to Families in Transition (R.A.F.T.): R.A.F.T. is a not-for-profit corporation dedicated to meeting the needs of homeless families by helping them in their efforts to become self-sufficient. A safe, comfortable residence is provided with the necessary support services to help families reach their goals. *Please call (308) 865-1355, Ext. 133 or 140 for more information.*

EQUAL HOUSING OPPORTUNITY

Community Action of Mid-Nebraska prohibits discrimination in all of its programs and activities on the basis of age, color, national origin, ancestry, race, religion, creed, disability, sex or marital status. (Not all prohibited bases apply to all programs.)

Updated 2/14

community Action PARTNERSHIP of Mid-Nebraska

Helping People. Changing Lives.

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Visit us at: communityactionmidne.com

Community Action Partnership of Mid-Nebraska's mission is *"To provide essential programs that help individuals, families, and communities reach their fullest potential through advocacy and partnerships. Our dedicated staff provides access to opportunities in education, health, housing, nutrition, and transportation. These services empower people to make a positive difference in their lives and communities.*