

COMMUNITY ACTION PARTNERSHIP OF MID-NEBRASKA

Our Vision:

Helping People and Changing Lives

Our Brand Promise:

“Community Action changes people’s lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.”

LOCATIONS: Through the administrative office in Kearney and 42 brick and mortar locations, Community Action Partnership of Mid-Nebraska (Mid) serves 139 communities in 27 south central counties in Nebraska and two counties in Kansas. Nebraska counties served include: Adams, Arthur, Buffalo, Chase, Clay, Dawson, Dundy, Franklin, Frontier, Furnas, Gosper, Grant, Harlan, Hayes, Hitchcock, Hooker, Kearney, Keith, Lincoln, Logan, McPherson, Nuckolls, Perkins, Phelps, Red Willow, Thomas and Webster. Kansas locations: Head Start services are available in Norton and Phillips counties.

Mid is a private, non-profit organization and an Equal Opportunity Employer. The Mid Board of Directors hires the Executive Director/CEO, sets policy, and reviews and approves all grant applications, budgets, etc. The Board consists of representatives from the following community segments: 1/3 elected public officials, 1/3 private sector, and 1/3 consumer representatives.

Mid also has Policy Advisory Committees (PACs) comprised of local representatives. PACs promote public involvement in our operations, policies, and philosophy. Mid serves individuals of all ages, with emphasis placed upon assisting low-income families, elderly on fixed incomes, and the disabled.

COMMUNITY SERVICES

COMMUNITY SERVICES COORDINATORS: Coordinators link individuals to available community resources. They take applications for Mid programs, refer customers to the appropriate agencies and/or services, and can work with an individual or a family one-on-one to increase self-sufficiency. Coordinators can assist with emergency rent and utility costs to income qualifying individuals if funds are available. Coordinators’ offices are located in:

Franklin – (308) 425-3726 **Hastings** – (402) 463-7679
Kearney – (308) 865-5680 **Lexington** – (308) 324-4219
McCook – (308) 345-1187 **Minden** – (308) 832-1829
Superior – (402) 879-3715 **North Platte** – (308) 532-3250

Or call 1-877-335-6422 for more information.

EDUCATIONAL PROGRAMS

C.A.R.E. (Child Abuse Resource and Education): C.A.R.E.’s mission is to prevent child abuse and neglect by increasing awareness through education and resources. C.A.R.E. partners with the surrounding area to provide Happy Bear (personal safety for children and bullying prevention). *Please call (308) 865-5675, for more information, or to schedule a training.*

HEAD START: Head Start and Early Head Start support the development of children birth to age 5 through individualized comprehensive services and family and community engagement. In addition to education services, other comprehensive services include screenings and exams; social and emotional health; nutrition; family goal-setting; social services; transition services; and services for children with disabilities. Both Head Start and Early Head Start have center-based and home-based program models. Early Head Start (0-3) services are provided for at least six hours a day, and Head Start preschool is half-day (3 ½ hours) or full day (6 hours). Home-based family educators visit children once a week in the home environment and work with parents to be the child’s primary teacher. *Please call (308) 865-5690.*

HEALTH PROGRAMS

IMMUNIZATION: Immunizations are provided to uninsured and underinsured individuals of all ages and Medicaid eligible children. There is a suggested donation of \$19.00 per vaccine. No one is turned away for inability to pay. *Please call (308) 865-1352, Ext. 152 or 143. For Lexington please call (308) 325-9432, or toll-free 1-877-209-3723 for more information.*

MINORITY HEALTH INITIATIVE: The Community Health Worker (CHW) links minority patients with resources and learning activities to improve their lifestyle and reduce their risk of disease. Targets pre-diabetes, diabetics, hyper-tension and heart disease. Covered counties include Buffalo, Dawson, Kearney, Phelps & Webster. *Please call Lexington at (308) 325-4869 or Kearney at (308) 865-1352 ext. 143.*

HOUSING PROGRAMS

WEATHERIZATION: The Weatherization Assistance Program (WAP) helps low-income households, particularly the elderly, people with disabilities, and families with young children, high residential energy users and households with a high energy burden, to permanently reduce their utility bills. Contractors or crews install energy efficiency measures in homes occupied by qualifying low-income families free of charge. The WAP is available to homeowners and renters living in frame or mobile homes. Typical weatherization measures include insulation (attic, sidewall, crawl space, and mobile home underbellies); weather-stripping & caulking; repairing broken windows & doors; and furnace & water heater repair or replacement, if the unit is unsafe. *Please call (308) 865-1354, Ext. 132 for more information.*

HOMEBUYER EDUCATION: Mid is an approved REACH Homebuyer Education affiliate offering two options for homebuyers: 1) An eight-hour face to face workshop with presentations by experts in the home buying field such as individuals from financial institutions, real estate agencies, and insurance agencies; and, 2) A web-based course available in English and Spanish which allows homebuyers to learn at their own pace. *Please call (308) 865-1354, Ext. 118.*

NUTRITION PROGRAMS

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP): Provides nutritious, supplemental food to income-eligible individuals 60+. *Please call (308) 865-5683.*

COMMUNITY ACTION FOOD BANK: Fresh produce is received from Food Bank for the Heartland in Omaha and redistributed at Mobile Produce Pantries in Buffalo County every other week along with the Food Rescue. Anyone can participate as there are no income guidelines. *Please call (308) 865-5683.*

FOOD RESCUE PROGRAM: Surplus food from area retailers in Kearney is collected and distributed at the Mobile Produce Pantries in Buffalo County and for low income individuals participating in the Commodity Supplemental Food Program. *Please call (308) 865-5683.*

WIC (Women, Infants and Children): WIC is a supplemental nutrition education program which provides health referrals, breast feeding promotions, and nutritious free foods to income-eligible pregnant, breastfeeding or post-partum women, infants, and children up to age five. *Must meet income guidelines. Please call (308) 865-5375 or toll-free 1-877-803-1712 for more information.*

WIC Breastfeeding Peer Counseling Program: The breast feeding support program provides WIC eligible pregnant and breastfeeding mothers with breastfeeding education and support 24/7 from a peer counselor who is also a WIC breastfeeding mother. Each Breastfeeding Peer Counselor is trained using the Loving Support curriculum. *Please call (308) 293-8861 for more information or for breastfeeding help.*

SENIOR CENTERS: Mid serves senior meals on site in Minden, North Platte, and at the Kearney Peterson Senior Activity Center. North Platte volunteers deliver meals to the elderly homebound. The Senior Centers provide informational, recreational, and social activities, as well as referrals to other programs. *Please call (308) 865-5675.*

VOLUNTEER SERVICE PROGRAM

SENIOR VOLUNTEER PROGRAM: Volunteers reach out to older individuals who are struggling to remain independent. Anyone, regardless of age, may volunteer. Stipends are available for volunteers who are 60 or older and who qualify based on income. *Please call (308) 865-5675 for more information.*

TRANSPORTATION PROGRAM

RYDE (Reach Your Destination Easily) Transit: The RYDE Transit system provides accessible, low cost public transportation to the general public. RYDE Transit operates buses in Adams, Buffalo, Dawson, Franklin, Gosper, Hamilton, and Kearney counties to provide simple and affordable transportation services. All locations have buses equipped with wheelchair lifts. Public Transportation is easy to ride, and open to everyone. *To schedule a ride, or for more information about transportation in the counties listed contact:*

<u>Aurora</u> – (402)694-2177	<u>Elwood</u> – (308)785-2527
<u>Franklin</u> – (308)425-3724	<u>Hastings</u> – (402)463-5681
<u>Kearney</u> – (308)865-5677	<u>Lexington</u> – (308)324-3670
<u>Minden</u> -- (308)832-2139	<u>Ravenna</u> – (308)452-3142

PARTNERSHIPS

RESIDENTIAL ASSISTANCE TO FAMILIES IN TRANSITION (R.A.F.T.): R.A.F.T. is dedicated to meeting the needs of homeless families by empowering them to become strong, stable members of the community. Valuable support and resources are provided while living in a structured residential program to help families reach their goals. *Please call (308) 865-1355, Ext. 133 or 140 for more information.*



**16 W 11th Street
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(308) 865-5675
Toll Free 1-877-335-6422
Fax: (308) 865-5681
E-mail: mnca@mnca.net
Visit us at: communityactionmidne.com**

Community Action Partnership of Mid-Nebraska's mission is "To provide essential programs that help individuals, families, and communities reach their fullest potential through advocacy and partnerships. Our dedicated staff provides access to opportunities in education, health, housing, nutrition, and transportation. These services empower people to make a positive difference in their lives and communities."

Community Action of Mid-Nebraska prohibits discrimination in all of its programs and activities on the basis of age, color, national origin, ancestry, race, religion, creed, disability, sex or marital status. (Not all prohibited bases apply to all programs.)

